

Group Presentation

ELDERLY

GROUP 2



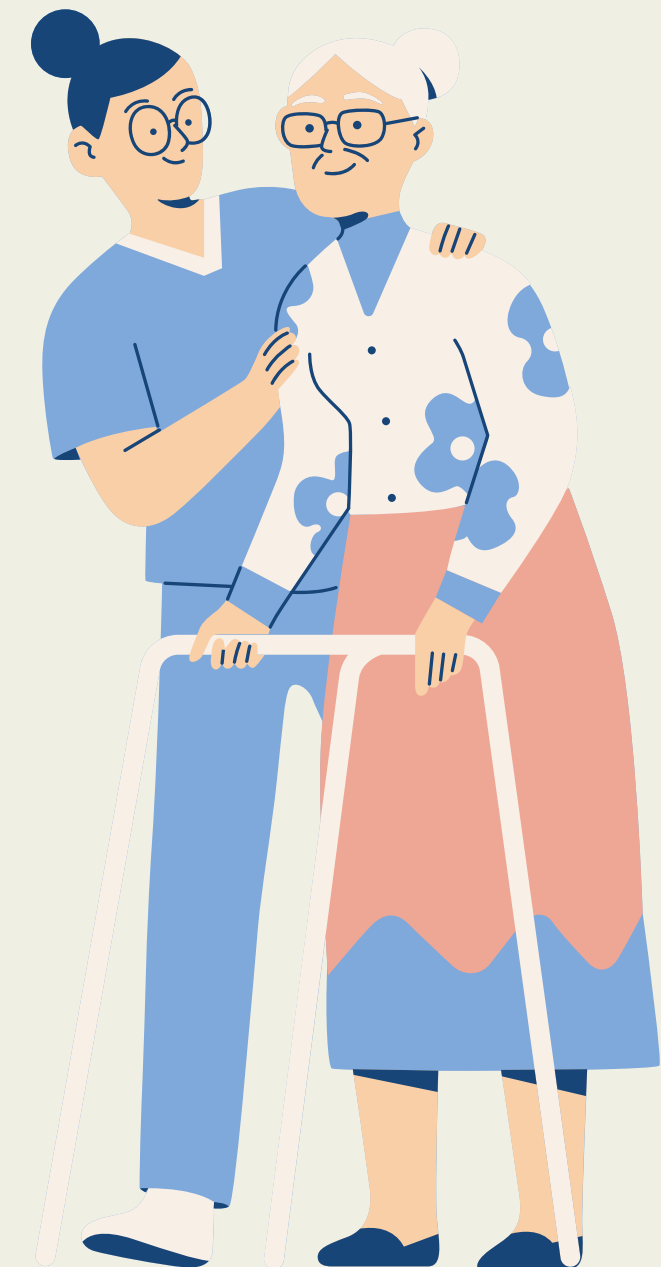



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SOCIAL FRAILTY

a brief summary

Frailty Aspects:

- Physical
- Mental
- Social

Prevention

- Diet
- Exercise
- Social participation
(esp. commuting places)

CHINA (MAINLAND)

“朝阳群众发来贺电”

Separation or No separation, that's a question

In the traditional sense,

In the countryside, the younger generation tends to live with the older family members, while in the cities, the opposite is true

But, with the development of economy and urbanization, things change.....



JAPAN

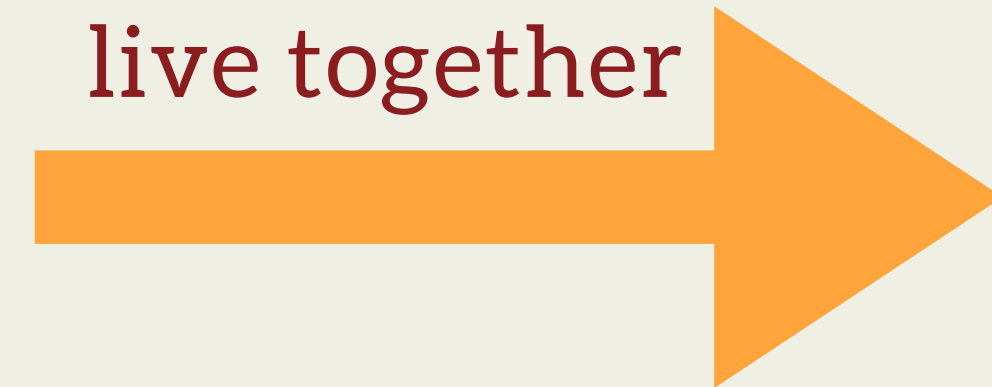
Super Aging Society

Home Sharing with the elderly and young generations



college students

live together



Matching!



Provide rooms
with a low rent



the elderly lives
in a nearby university

JAPAN

Home Sharing with the elderly and young generations



Benefits for
the frailty of
elderly people

- **Maintain cognitive ability through conversation**
- **Cooking and eating together**
- **Do not feel isolation**
- **Young people help heavy activities (Manual labor, how to use a computer, etc)**

HONG KONG

one in five people in the city is elderly



Governmental Organization:

- **Social Welfare Department**



Non-Governmental Departments:


- **Hong Kong Association on Gerontology**

Provide elderly community Centre

District Elderly Community Centre

- District Elderly Community Centre (DECC) is a type of community support services at district level to enable elderly persons to remain in the community and to lead a healthy, respectful and dignified life. DECCs also collaborate with other service units in the district and cooperate to build a caring community with better use of community resources.

Additional information of DECCs can be downloaded here.

 (MSWord Document)



• Traditional Chinese and English Versions

COLOMBIA

8% of the population in Colombia are elderly



Project: The families of the institutionalized elderly: a cross-cultural study of Colombia and Spain.

Goals

- stay intellectually active
- interact with peers
- eat a healthy diet
- special cares

Results

- provide a home
- tranquility
- wellness
- company
- inner peace

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QNA SESSION





THANK YOU FOR LISTENING
OUR PRESENTATION

~ Group 2 ~